

Area for Custom Imprint:
3.25"(w) x 1.75"(h)



KITCHEN CONVERSIONS

« *Liquid & Dry* »

LIQUID MEASURES

$\frac{1}{16}$ gal	=	$\frac{1}{4}$ quart	=	$\frac{1}{2}$ pint	=	1 cup	=	8 oz
$\frac{1}{8}$ gal	=	$\frac{1}{2}$ quart	=	1 pint	=	2 cups	=	16 oz
$\frac{1}{4}$ gal	=	1 quart	=	2 pints	=	4 cups	=	32 oz
$\frac{1}{2}$ gal	=	2 quarts	=	4 pints	=	8 cups	=	64 oz
1 gal	=	4 quarts	=	8 pints	=	16 cups	=	128 oz

DRY WEIGHTS

$\frac{1}{2}$ oz	=	1 tbsp	=	3 tsp	=	$\frac{1}{16}$ cups	=	15 g
1 oz	=	2 tbsp	=	6 tsp	=	$\frac{1}{8}$ cups	=	28 g
2 oz	=	4 tbsp	=	12 tsp	=	$\frac{1}{4}$ cups	=	57 g
3 oz	=	$5\frac{1}{3}$ tbsp	=	16 tsp	=	$\frac{1}{3}$ cups	=	76 g
4 oz	=	8 tbsp	=	24 tsp	=	$\frac{1}{2}$ cups	=	114 g
$5\frac{1}{3}$ oz	=	$10\frac{2}{3}$ tbsp	=	32 tsp	=	$\frac{2}{3}$ cups	=	152 g
6 oz	=	12 tbsp	=	36 tsp	=	$\frac{3}{4}$ cups	=	171 g
8 oz	=	16 tbsp	=	48 tsp	=	1 cups	=	229 g
12 oz	=	24 tbsp	=	72 tsp	=	$1\frac{1}{2}$ cups	=	340 g
16 oz	=	32 tbsp	=	96 tsp	=	2 cups	=	455 g

Pinch or Dash = less than $\frac{1}{8}$ tsp