



Working Professionals

THE POWER OF PROMOTIONAL PRODUCTS

This proven program was designed to reduce company healthcare costs while decreasing absenteeism and improving employee productivity. A healthy, prosperous workforce makes for a strong business. Investing in health in the workplace reduces healthcare costs, improves productivity and makes businesses more successful.

Promotional products remain less expensive per impression than most other forms of advertising. The investment in ad specialties is modest, more targeted and allows for much greater levels of interaction with consumers than other forms of advertising.

This illustrates the power of promotional products:

- 83% of respondents like receiving a promotional product with an advertising message
- 88% recalled the advertiser
- 82% own 1 to 10 promotional products
- 53% use promotional products once a week or more often

Promotional products can play a key role in part of your comprehensive health and wellness program with a core focus on the following:

- Reducing healthcare costs
- Reducing employee absenteeism
- · Improving employee productivity

With our comprehensive health and wellness program, and a solid understanding of your organizational needs, we can help you too!





Poor health costs the U.S. economy \$576 billion a year *Forbes



PRODUCTIVITY LOSSES

Health-related productivity losses cost employers \$227 billion per year *Forbes



COST SAVINGS

For every \$1 spent on workplace wellness programs, employers can save up to \$6 on healthcare costs *Forbes

Poor health is bad for business. Chronic disease drives healthcare expenditures, which cuts into profit and productivity. Workplace productivity suffers when poor health results in employee absenteeism or when employees report to work but illness keeps them from performing at their best.

For employers to grow in an increasingly competitive landscape, maintaining a healthy workforce is critical. By managing employee health with the same attention that is typically used in the management of financial capital, employers can improve employee wellness, corporate profitability, and organizational effectiveness.



Employee wellness programs have become a staple in many corporations to attract talent, keep them happy and motivated, and decrease employee absenteeism and turnover. Investments in prevention and health promotion programs have shown returns on investment and are a sustainable way for businesses to address the health of their employees and their bottom lines. Even small investments in health within the workplace can create big returns.

To help solve this problem, we created a comprehensive employee wellness program for a large Fortune 1000 company. This program focused on improving employee health awareness, increasing physical activity and creating a fun and happy work environment. This annual program consisted of two initiatives to ensure maximum engagement of the employees. It was unveiled at the company's town hall meeting at the start of the new year. Employees were presented with an overview of the program that outlined the fun new initiatives. In addition, they also received a lunch cooler containing the first issue of the workplace wellness newsletter and a cook book that featured healthy recipes.

The first initiative was a fitness challenge, an idea to get the whole office involved and was a great way to get the competitive juices flowing. Health trackers with the corporate logo were distributed to all employees to track daily physical activity. Employees were rewarded monthly for meeting predetermined fitness goals. Rewards were tiered gold, silver and bronze based on fitness achievements that month. Within each tier, employees could choose their prizes. Prizes consisted of technology products, health and wellness items and gift cards to local businesses.

The second initiative offered was a gym membership/fitness program incentive and reimbursement program. Employees were provided with a sport bag and hydration bottle if they were enrolled in a gym membership or group fitness facility. In addition to the gym membership reimbursement, the company also rewarded employees at the end of the year with \$300 for proven fitness participation.

RESULTS

The comprehensive program was executed over a one year period to keep employees happy, engaged and focused on meeting their health and wellness goals. The program was a great success as there was a 26% reduction in absenteeism and 21% reduction in healthcare costs. In addition, the company's annual employee engagement survey showed significant improvement from the prior year. The company plans to expand the program and continue the momentum with their new healthy work environment.

EMPLOYEE HEALTH AND WELLNESS PROGRAM

INTRODUCTORY GIFT

Female Giveaway



#9503

Male Giveaway



#9501

FITNESS CHALLENGE

Stay Competitive



#70360

Stay Connected



#70266

GYM/FITNESS INCENTIVE

Stay Organized



#4265

Stay Hydrated

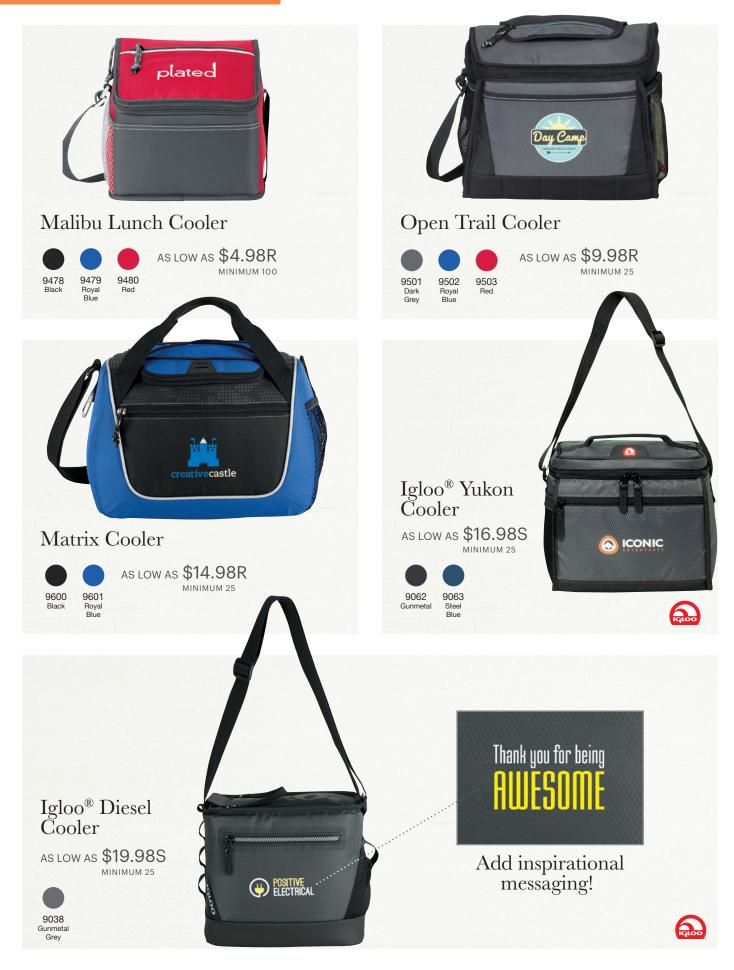


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Stay Connected



#3933

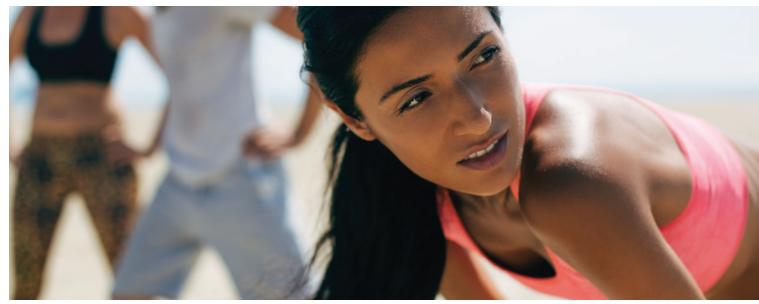




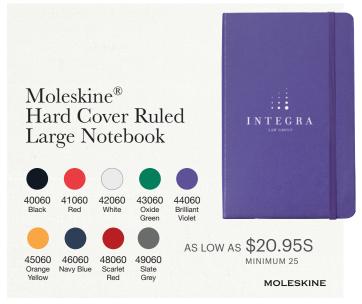




















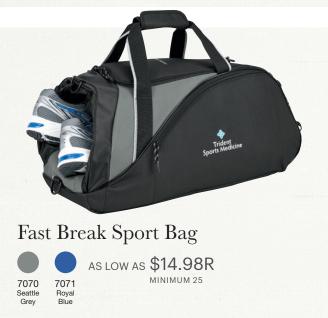




















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AS LOW AS \$79.98S

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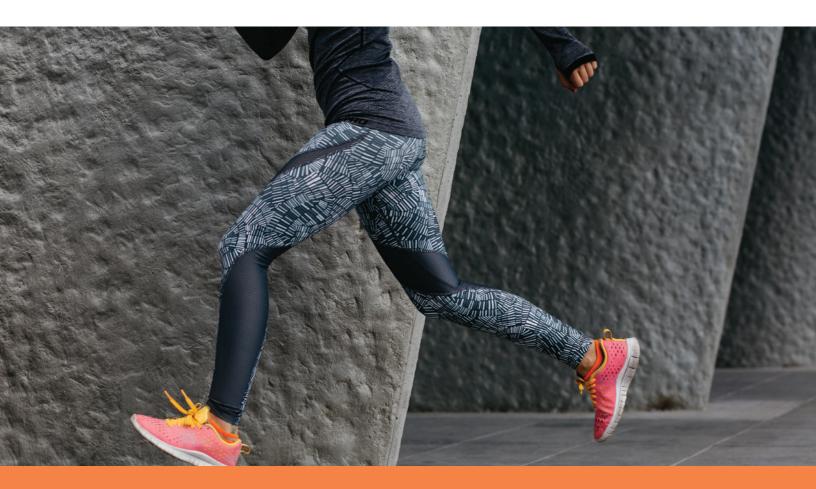
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